



ReviveQii

Nutrition & Lifestyle Clinic



*Feeding
The
Right Emotion*

About the Founder

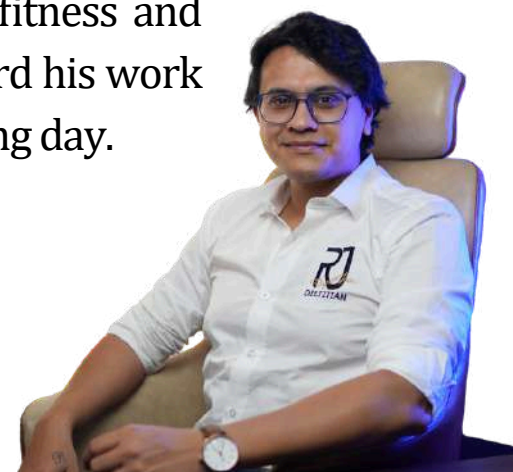
Dietitian Rajat Jain is the Director of **ReviveQii**-Nutrition & Lifestyle Clinic, the leading nutrition and weight loss clinic in North West India. He is a weight loss expert, clinical and sports nutritionist, and a certified diabetes & wellness educator. With his experience of more than 10+ years including working with reputed hospitals and Fitness centers, Rajat has positively influenced the health of over 10,000+ people from different walks of life.

Dt. Rajat launched ReviveQii Nutrition & Lifestyle Clinic (earlier known as Health Wealth Diet Clinic) in 2016 and since then has impacted the lives of many individuals struggling to achieve the right physique and a healthier lifestyle. His clients include renowned names from across India and abroad like celebrities, designers, politicians, bureaucrats, sportspersons, etc.

Dt. Rajat Jain has been awarded 6 times in a row as the 'Best Dietitian in Rajasthan' and ranked among the 'Top 10 Most Promising Dietitian in India' and was named in the 2nd BW-Wellbeing 30 Under 30 list for his significant contributions to the field..

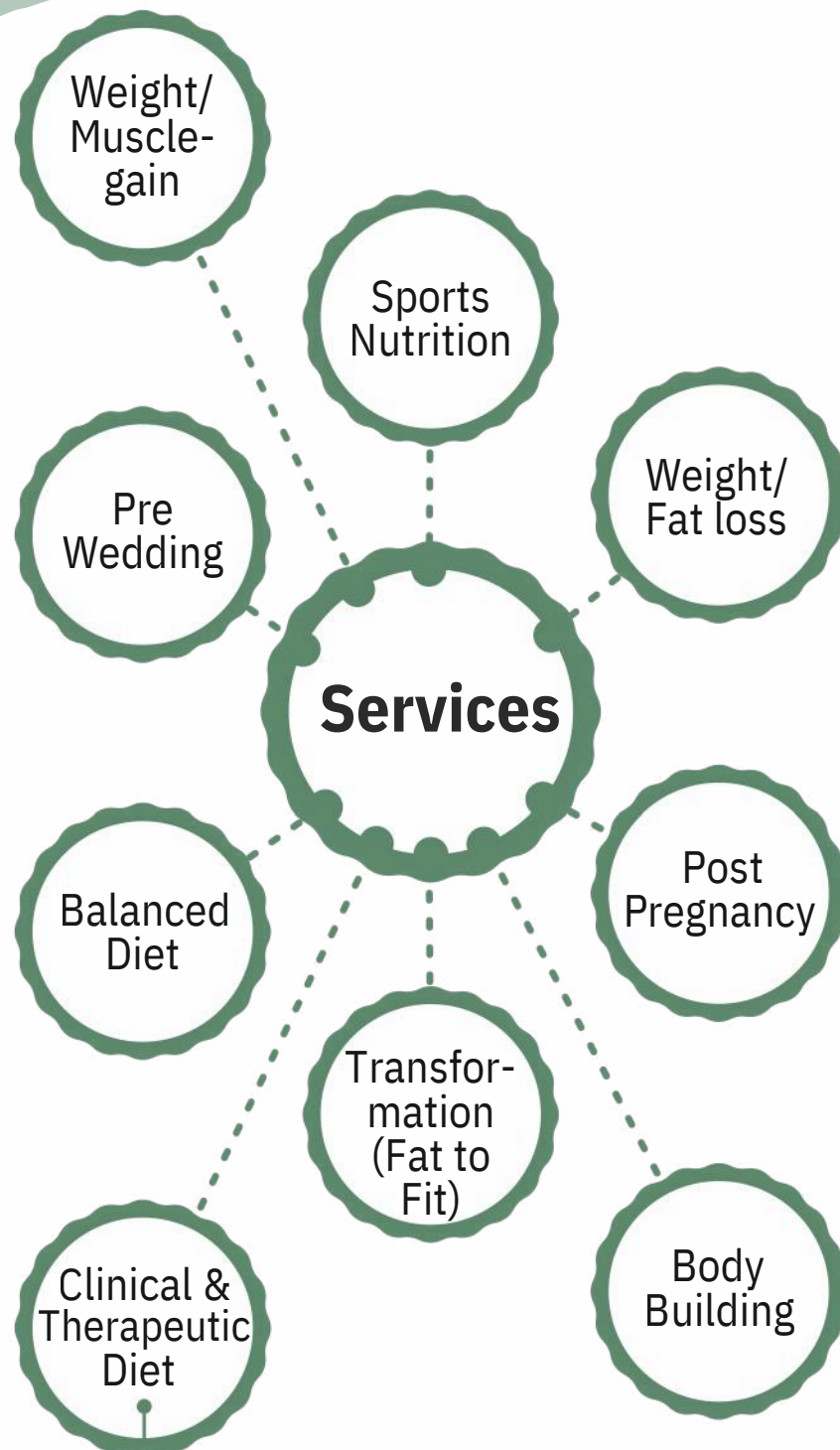
With promising results and positive changes in his client's lifestyle, Dt. Rajat is now a name synonymous with fitness and nutrition. He has a young and zealous approach toward his work that helps him achieve greater heights with each passing day.

- Pursuing Ph.D.
- Post Graduate Diploma in Clinical Nutrition & Dietetics
- Masters in Yoga & Science of Living
- Bachelor in Home Science
- Diploma in Naturopathy & Yoga (NDDY)
- Certificate in Sports Nutrition & Exercise Advisor
- Certification in Sports Nutrition Specialist (NESTA)
- Certification in Yoga for Wellness
- Diploma in Dietetics, Health, and Nutrition.....and many more



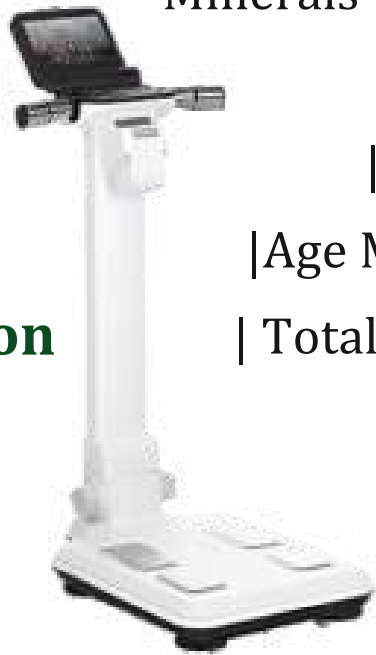
Dt. Rajat Jain

Dietitian, Weight loss expert,
Clinical & Sports Nutrition Specialist
& a Certified Diabetes & Wellness Educator



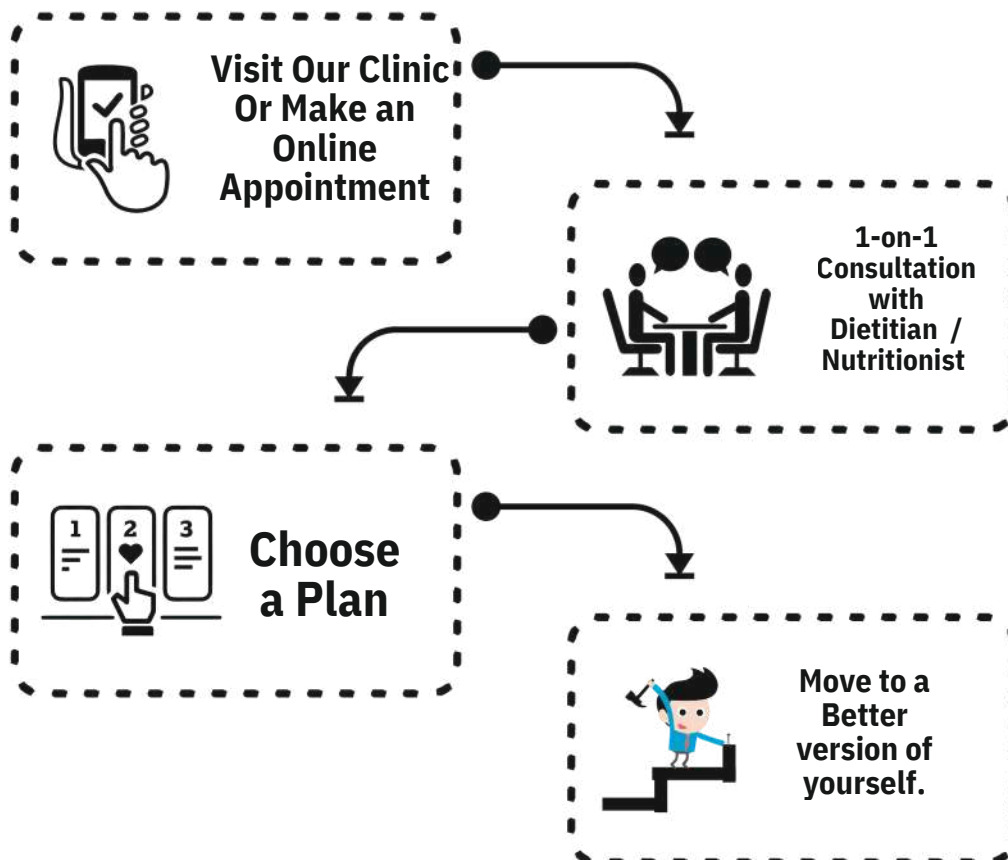
A) PCOD B) Thyroid C) Hypertension D) Diabetes E) Vitamin Deficiencies etc.

Body Composition Analysis



Body Weight | Standard Weight | Protein |
Minerals Total Body Water | Body Fat Mass
| Muscle Mass | Soft Lean Mass
| Percentage Body Fat | BMI/BMR
| Age Matched To Body (Metabolic Age)
| Total Energy Expenditure | Body Type
| Segmental Measurements
| Visceral Fat Area And Level
| Abdominal Circumference
| Waist to Hip Ratio (WHR)
| Control Guide

How we work



Client Testimonials

His diets are simple and easy to follow. He is indeed the best dietitian.

IAS Rajiv Swarup (Retd)-
Ex- Chief Secretary, Raj



Rajat not only focuses on weight loss but also the overall health which is the best thing about him.

- Ranu Sharma
RPS, ADCP

Dt. Rajat is very friendly and has a strong desire to find different ways to help patients, be healthier and to solve difficult health problems with his great expertise in his field.

Sapna chaturvedi-



The best thing about Rajat and his diet is you don't have to starve yourself. He includes all favourite foods in the plan.

- Priyanka Pareek
ACJM

A very good experience of losing 5 kg in a month and full support of reviveqii team for any query.

Neha Luharuwalla-



Testimonials & Results

Before

TEST RESULT		Normal Values
HbA1C - Glycated Haemoglobin	13.0 H	
Sample Type: EDTA Whole Blood		
Interpretation:		
As per American Diabetes Association (ADA)		
Reference Group	HbA1c in %	
Non diabetic adults <=18 years	<5.7	
At risk (Prediabetes)	5.7 - 6.4	
Diagnosing Diabetes	>= 6.5	
Therapeutic goals for glycaemic control		
	Age >18 years	Goal of therapy <7.0
	Action suggested: <18.0	
	Age <18 years	Goal of therapy <7.5

Drop in HBA1c from 13 to 5.4 in just 6 months

After

Patient Id : 29840 Ref. By : Dr.SELF REFERENCE
 Patient Name : Mr. PREETAM DIGE Collected Date and Time : 10/12/2024 12:04 PM
 Age/Gender : 34Y/Male Reporting Date and Time : 10-12-2024 03:57 PM
 Patient Type : Self Sponsor Name : Self
 Source : OTHER Sample Collected : Inside The Lab

GLYCOSYLATED HAEMOGLOBIN [HBA1C] REPORT

Test Name	Test Result	Normal Values	Unit
HbA1C - Glycated Haemoglobin	5.4 H	-	%
Sample Type: EDTA Whole Blood			
Method: Turbidimetric Inhibition Immunoassay			

Vishal R
Local Guide · 25 reviews · 2 photos

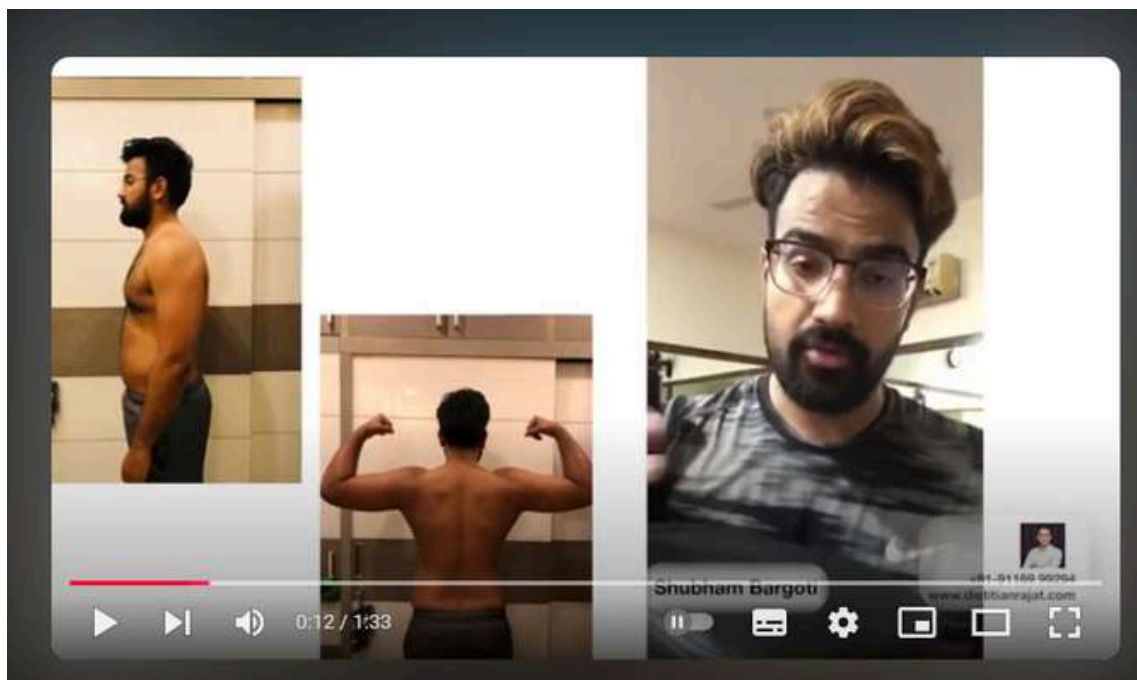
★★★★★ 5 months ago

I recently had an appointment with Dr. Rajat Jain and her assistant, Simran. The experience was exceptional. Dr. Jain was thorough, knowledgeable, and compassionate. Simran was attentive and made sure I was comfortable throughout the visit. I enrolled in their 3-month diet plan, which has been very helpful. I successfully reduced my HbA1c from 7.1 to 6.7. Highly recommend their excellent care!

But really very thankful to you sir aapki videos ,tips, guidance aur sabse jyada jo aapne apne uper kasht le k hume sikhaya ki hamara life style kitna kharab hai, mere liye bahut margdarshak raha hai, mera hba1c 5months m 8 se 6.6 aagya hai hope next three months baad 5pe le aaau



Watch this for more client reviews!



OUR PLANS

Consultation

Concerned about your health or have any queries before joining the health plan?

Schedule a consultation with us, where we can discuss and offer tailored suggestions on your general dietary pattern, addressing specific nutritional needs.

Consultation with Dt. Rajat

₹ 999

Consultation with Team

₹ 399

***No diet plan will be provided in the consultation session.**

OUR PLANS

Expert

- Customized Diet Plan
- Basic Weight, Lifestyle Management & Sports Plans
- Sessions with the Personal Nutritionist
- Consultations with Dt. Rajat (once in 15 days)
- All Diet Plans Supervised by Rajat
- Recipe Book
- Workout Videos
- Support: Call, WhatsApp, Email, Voice Notes & Video Calls
- Support Time: 10:00 am to 07:00 pm

For 03 Months

₹ 24,999

For 06 Months

₹ 44,999

For 03 Months

Couple

₹ 44,999

For 06 Months

Couple

₹ 79,999

OUR PLANS

Elite

- Customized Diet Plan
- Customized Workout Plan
- All Medical Ailments & Sports Plans
- Consultations with Dt. Rajat (once in 07 days)
- All Diet Plans Designed by Rajat
- Follow-ups with the Personal Nutritionist
- Recipe Book
- Workout Videos
- Support: Call, WhatsApp, Email, Voice Notes & Video Calls
- Support Time: 10:00 am to 07:00 pm

For 03 Months

₹ 39,999

For 06 Months

₹ 69,999

For 03 Months
Couple

₹ 69,999

For 06 Months
Couple

₹ 1,19,999

Exclusive Package

Experience personalized wellness like never before, with every detail expertly managed by **Dt. Rajat Jain personally**—ensuring your success with dedicated support and guidance.

Feeding the Right Emotion



- Customized Diet Plan
- Customized Workout Plan
- **All Medical Ailments & Sports Plans**
- **Consultations exclusive with Dt. Rajat**
- **Follow-ups with Rajat**
- **No fixed no. of appointments**
- Cook counseling
- Recipe Book
- Workout Videos
- Support: Call, WhatsApp, Email, Voice Notes & Video Calls
- Support Time (Priority Basis): 10:00 am to 08:00 pm

03 Months for ₹ 59,999

06 Months for ₹ 99,999



CONTACT

+91-91169 99294, +91-91169 59294



Connect with Us!



Tap on the logo to be redirected to the respective pages

Website



reviveqii.com

Facebook



facebook.com/dietitianrajatjain

Instagram



instagram.com/dietitianrajatjain

Twitter



twitter.com/DietitianRajat

Youtube



youtube.com/@dietitianrajatjain

**Join our Whatsapp community and unlock
exclusive wellness tips, insights, and support.**





CLINIC TIMINGS

MONDAY to SATURDAY
10:00 AM to 6:00 PM
(SUNDAY OFF)

CONTACT

+91-91169 99294, +91-91169 59294



P-29, LAL BAHADUR NAGAR
 NEAR FORT RESTAURANT, JLN MARG, JAIPUR-302018 (RAJ.) INDIA

Terms and Conditions

1. Payment Terms:

- The payment must be made in full at the time of registration. Accepted payment methods include cash, UPI, credit card, or cheque (subject to realization).

2. Service Conditions:

- Services are non-refundable and non-transferable.
- Services cannot be exchanged with any other different packages.

3. Renewals and Discretion:

- The grant of any service and renewals are solely at the discretion of ReviveQii Management.

4. Service Duration:

- The period of service starts from the day of registration, not from the day of using the services.

5. Program Start and Pause:

- The diet program or package cannot be held or paused once started.

6. Unused Days:

- The unused number of days cannot be extended, and the amount will not be refunded if not used by the client for any reason.

7. Medical Declarations:

- Clients with medical problems must declare ailments in writing. A doctor's certificate and medical reports need to be provided before starting any diet program or exercise program.

8. Counseling Sessions:

- Diet and nutrition counseling sessions will be offered only on an appointment basis.

